

Rotary Park Short Track - Sunday, September 17th

Rotary Park, Biddeford, Maine

Promoter Tom Noble 207-632-7602

Proceeds to benefit Biddeford Parks and Rec.

Race Description;

Race will begin with an uphill ENDURO start then continue along a hilly and technical 1 mile course. Sections of fire roads, steep climbs and fast downhills will challenge all racers. All classes and age groups will race the same course which in the past has included a 100 yard section of mud and water, a grassy off-camber down hill and log crossings. Expect a challenging race so leave the 'cross bikes home!!! ('cross bikes are allowed, BTW)

The Venue is AWESOME for spectators offering a full 360 degree view of the race.

Schedule-

5k off-road run 8:00 to 10:00 a.m.

Practice for the MTB Short Track event will begin at 10:00 a.m. sharp on the SAME COURSE as the running event.

Racing will begin at 11:00

UPHILL ENDURO START FOR ALL RACES

EFTA classes and age categories apply

- All (M/F) Novice racing at 11:00 for 30 minutes PLUS 1 LAP
- All (M/F) Sport racing at 11:45 for 40 minutes PLUS 1 LAP
- All (M/F) Single Speed Racing at 11:45 for 45 minutes (same length as Expert) PLUS 1 LAP
- KIDS race at 12:30. Age groups, race length TBD Prizes for all kids
- All (M/F) Expert/Semi Pro racing at 1:00 for 45 minutes PLUS 1 LAP
- Awards to follow each race by 45 minutes.

- Racers may use any bike (MTB, CROSS or ROAD) but may not swap bikes unless a spare bike has been set aside at the start/finish in advance by that racer for that racer and have a number fixed to it indicating the bib number of that racer.

- Spare bikes may NOT be team bikes ** what does this mean?? Could you describe....

- No other racer may use the spare bike of another racer

- Food/water may be passed to racers at any point on the course by anyone

- Teams may store PARTS, tubes, pumps, water and food at the Start/Finish for team use as well as accept help or parts from spectators and other racers.

- In order to use a spare bike or parts, racer must complete the lap to the Start/ Finish line.

- Racers may NOT negotiate any portion of the course in reverse.

- Racers may not switch bikes or parts with other racers on the course except at the Start/Finish area.

- Racers may accept HELP from other racers in the same race (with the exception of parts and equipment) at any point on the race course.

- Racers may NOT accept parts during a race except at the Start/Finish line. This includes other racers and spectators

- No equipment restrictions unless a safety hazard occurs.